

Scripture

Romans 12:1-8

Ice Breaker

1. What is something that you have seen change in the last two weeks?
2. When have you really had to make a sacrifice? What was it and why did you have to make it? Was it an easy or hard thing to do?

Going Deeper

1. Read Romans 12:1-2.
2. What is God's mercy that Paul is referring to in verse 1?
3. Chapter 12 is a transition point in Paul's letter to the church in Rome, and he marks that transition with the word "therefore". What does Paul want his readers to do in light of what he wrote in the first 11 chapters of Romans? What does it mean?
4. Why does Paul say offering yourself as a living sacrifice is true worship? How does that relate, or not relate, to how we often practice the act of worship in the church?
5. What are some of the patterns of this world that we sometimes conform to? Why do you think we conform to them?
6. How do you think offering yourself as a living sacrifice and not being conformed to the patterns of this world are related?
7. How do we renew our minds? What is the benefit of doing so?
8. Based on what was shared Sunday and your own thoughts, what is the difference between change and transformation?
9. On Sunday Rob stressed that it is God's work in our lives that brings about true transformation, and not our striving to achieve it. Why do you think he emphasized that?
10. While transformation is not something we can achieve on our own, it is a worthy pursuit. On Sunday Rob shared two things to help us in our pursuit. What were they?
11. Why is discipline such a crucial part of seeing transformation in our lives?
12. Are you someone who is very disciplined or struggles with it? What suggestions do you have to help someone become more disciplined?
13. If you were to describe your life right now, would you say it is a living sacrifice holy and pleasing to God? If not, what disciplines or practices could you incorporate in your life to help you move toward transformation?