

Scripture | John 6:25-59

Ice Breaker | 1. If you could only eat one food for the rest of your life, what would you pick?

Going Deeper

1. Is there anything that stood out to you from Sunday's message, or do you have any questions?
2. If someone were to ask you, "who is Jesus?" how would you answer them?
3. How would you describe the difference between living and just existing? Or is there a difference?
4. Read John 6:25-40
5. Why are the crowds searching for Jesus, and what is wrong with their motivation?
6. What does Jesus say God wants from the people?
7. Sometimes when we think about what God wants from us, our thoughts can lead us to think we need to be doing something. Jesus says all God wants is for you to believe in Him. Would it have been easier in your view if Jesus had listed some of the laws or tangible actions someone should do at this point? Why is it sometimes easier to "do something" to try and earn God's favour rather than just believing in Jesus?
8. Jesus says he is the bread of life. What do you believe that means?
9. What are some of the similarities and differences from the manna God provided Israel in the desert and the bread of life that Jesus offers?
10. Read John 6:41-59
11. How do the crowds respond to Jesus' claim that He is the bread of life? How does Jesus respond to them?
12. What part does God play, and what part do we play in the process of coming to know Jesus?
13. How would you describe your spiritual diet: junk food? Frozen food? Baby food? Microwave dinner? Leftovers? Meat and potatoes? Bread and wine? And what do you mean by this analogy?
14. If someone asked you, "How do you hunger and thirst after God?" what would you suggest to them?