

Jesus Centred

Week 1

BRBC Groups

January 8, 2023

Scripture | Luke 10:38-42

Ice Breaker |

1. Growing up, what was your favourite room in your home? What room did you spend the most time in?
2. Are you someone who is easily distracted? What sort of things do you find distracting?

Going Deeper |

1. Is there anything that stood out to you from Sunday's message, or do you have any questions?
2. In this week's message, Rob used an analogy of a house to describe where we are in our relationship with Jesus. As you reflect on your relationship with Jesus, where do you believe you are in the house? (outside, front porch, living room, dining room, kitchen) Where do you want to be?
3. Read Luke 10:38-42
4. Is there anything that stands out to you in this story?
5. Today's passage presents a contrast between Mary and Martha. How are they different?
6. Which sister most closely resembles your personality and why? How has this impacted your approach to following Jesus?
7. What does it mean to sit at Jesus' feet? Why is it so significant for Mary to be doing this?
8. If you were Martha, how would you have responded to Jesus' remark that Mary made the better choice?
9. What does "sitting at Jesus' feet" look like in your life?
10. Do you ever find yourself so busy or distracted that you don't spend time with Jesus?
11. What practical things can we do to help us from being distracted and sit at Jesus' feet?
12. How can we help each other to commit to sitting at Jesus' feet and move past what distracts us?