

# Jesus Centred

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Week 3

BRBC Groups

January 22, 2023

**Scripture** | Ephesians 1:3-14

**Ice Breaker** |

1. Is there a painting, picture, or piece of art that you really like? Briefly describe it and share why.
2. How can somebody know when that are loved?

**Going Deeper** |

1. Is there anything that stood out to you from Sunday's message, or do you have any questions?
2. Why do you think God loves you?
3. Do you find it easy or hard for you to be loved by God? Why or why not?
4. In the message this week David said that Jesus' love is not based on merit or accomplishments. So, what is his love based on?
5. Read Ephesians 1:3-14
6. In your own words, what are the blessings found in Christ?
7. What does it mean that God chose you?
8. How do you know you are chosen? How does knowing God chose you change your view of self?
9. What are the seven things God has done for us starting in verse 4?
10. When did you come to appreciate all that God has done for you in Christ Jesus?
11. If we are so familiar with god's spiritual blessings toward us, why is it so difficult for us accept His love?
12. What comes to play preventing us from being grounded in Jesus' love?
13. What are some practical steps you have taken, or could take, to embrace being loved by God?