

EMPTY & FILLED

Week 1

BRBC Groups

March 1, 2020

Scripture

Philippians 2:1-11

Ice Breaker

1. What is your pet peeve in your home?
2. In your home, who takes out the trash? Who cleans the toilet?

Going Deeper

1. Have you ever found yourself saying something like, "If I just had *blank*, my life would be complete, or I would feel better?" When you have thoughts like that, what is the thing or things you often think will make your life fuller?
2. What does it mean to you to have a full life?
3. Read Philippians 2:1-11.
4. Reading between the lines, what was wrong with the church in Philippi?
5. What does it mean to consider others better than yourself?
6. How does humility differ from being a doormat?
7. Who do you admire because they truly put the interests of others ahead of their own?
8. What does it mean to have the same mindset or attitude as Jesus? What would that look like in real life?
9. Re-read verses 6 to 11 together.
10. On Sunday, Rob mentioned that this is one of the oldest recorded creeds or hymns of the early church. It was something that the early followers of Jesus would have committed to memory. Why do you think it was so important for early followers of Jesus to commit this to memory?
11. What does it mean that Jesus was in the nature or form of God but did not consider equality with God something to be grasped?
12. How would you describe the picture of Jesus painted here? How may it differ from some impressions of Jesus you have heard before?
13. What do you think you need to empty yourself of in order to be of the same mindset as Jesus?