

## Scripture

Matthew 15:21-28, Colossians 3:12-17, John 4:1-26, Ephesians 4:29-5:2

## Ice Breaker

1. Do you have a clothing item that you would wear every day if you could? What makes you like it so much?
2. What is the kindest thing someone has done for you?

## Going Deeper

1. Is there anything that stood out to you from this week's message? Is there anything you learned or disagreed with?
2. Read Ephesians 4:29-5:2
3. What stands out to you in this passage?
4. In verse 32, Paul tells us to be kind and compassionate to each other. Based on this text, what do kindness and compassion look like? What does it not look like?
5. On Sunday, Rob said there is a difference between being nice and being kind. Do you agree with that? Why or why not? If there is a difference, how would you describe it?
6. Following saying be kind, Paul says, be like God. How does God show kindness to us, and how does that relate to how we show kindness to others?
7. Read Colossians 3:12-17
8. What does it mean to clothe ourselves in compassion, kindness, humility, gentleness and patience?
9. In Galatians 5:22, Paul speaks of those things we just talked about as something the Holy Spirit grows in us, the fruit of the spirit. How is kindness both something God grows in us and something we have to choose to clothe ourselves in?
10. What does being kind look like?
11. Is it ever difficult for you to be kind to someone? What can you do to show kindness when it does not come easy?
12. *Optional: If you have time, read either the Matthew or John Passage and talk about how Jesus demonstrates kindness even when he does not appear nice.*
13. How can we pray for each other?