

ARE WE THERE YET?

Week 1

BRBC Groups

October 3, 2021

Scripture | Psalm 13

Ice Breaker | 1. Have you ever been forgotten by someone who was supposed to pick you up? How did you feel? What were you thinking? (Or have you ever forgotten to pick someone up? How did they feel?)

Going Deeper

1. Is there anything that stood out to you from Sunday's message, or do you have any questions?
2. Read Psalm 13, have one person read verses 1 and 2, someone else 3 and 4, and finally someone 5 and 6.
3. This week we began a series about living in disorienting times like we are now and how we can keep stepping forward in them. Have there been any points in your life where you have prayed like David does in verses 1 and 2 when you wonder if God forgot you? If you are comfortable, share what brought that feeling about for you.
4. In a more general sense, what makes God feel distant from us at times?
5. Some of us struggle with saying something similar to what David expresses in this Psalm to God. Why do you think we sometimes struggle to be angry or frustrated at God?
6. What do you do when you are frustrated with God? Are you comfortable expressing to God that he feels distant at times, even being angry at Him that he feels distant?
7. This Psalm has three sections; it begins with a lament to God, then a request to God to answer, and concludes with a decision to trust. Of these three parts, which do you find the most difficult to express to God in prayer?
8. What is the suggestion from this Psalm as to what we should do when God feels distant?
9. Is trusting God easy or hard for you? Why?
10. How would you respond to someone who says they can't trust God because of all the bad they have gone through?