

LIVING UPSIDE DOWN

Week 3

BRBC Groups

April 28, 2024

Scripture | Matthew 5:13-16

Ice Breaker | 1. What is your favourite meal to cook?

Going Deeper |

1. Is there anything that stood out to you from Sunday's message, or do you have any questions?
2. The focus of the message this week was to answer the question of what our purpose in life is. Have you ever thought deeply about what your purpose might be? Can you articulate what you believe your purpose is?
3. Read Matthew 5:13-16
4. What positive qualities of salt and light do you think Jesus had in mind as he spoke these words?
5. Before refrigeration, salt was used to keep meat from rotting. What then does Jesus' statement "You are the salt of the earth" tell us about society and our role in it?
6. What has been in the news lately that demonstrates that society is in a state of decay?
7. What are some practical ways we can function as salt where we live and work?
8. What might cause us to lose our saltiness?
9. Jesus' second statement is "You are the light of the world" (v. 14). How does the church's role as light complement its role as salt?
10. Why might we be tempted to hide our light?
11. What is the result, according to Jesus, of people seeing our good deeds?
12. What are some ways you can ensure your good deeds shine a light on God rather than drawing attention to yourself?
13. What examples can you think of where the work of Christians has brought people closer to God?
14. How can we support each other in maintaining our "saltiness" and shining our light?
15. What steps can we take to align more closely with our purpose of being salt and light?