

LIVING UPSIDE DOWN

Week 1

BRBC Groups

April 14,
2024

Scripture | Matthew 7:24-28

Ice Breaker | 1. Have you ever built anything before? What was it and what was the experience like? Do you still have it?

Going Deeper |

1. Is there anything that stood out to you from Sunday's message, or do you have any questions?
2. Read Matthew 7:24-28
3. What stands out to you from this section?
4. How does the concept of building a house on a firm foundation relate to your life?
5. Why does the foundation of your life matter? What are some things people build their lives upon, other than the teachings of Jesus?
6. Have you ever experienced a "storm" in your life that challenged your foundation? How did you respond?
7. How do you distinguish between merely hearing Jesus' words and actively applying them in your life?
8. In what ways can you intentionally apply and practice Jesus' teachings in your daily life to strengthen your foundation?
9. How does applying the teachings of Jesus help us endure storms and hardships in our lives?
10. What sort of ongoing commitment or practice does it take to maintain a strong spiritual foundation?
11. What are some specific habits or practices that help you stay connected to Jesus and his teachings?
12. How can you determine the current state of your spiritual foundation?
13. What areas in your spiritual life need improvement, and how can you work towards strengthening your foundation in those areas?